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## Nappy Change Policy and Procedure

### Policy Statement

Staff at Riverbanks College Preschool aim to protect the health, safety and wellbeing of each child at all times in relation to toileting support and nappy changing. To minimise the spread of infection educators follow the nappy change procedure outlined in 'Staying Healthy in Childcare 5<sup>th</sup> Edition' (National Research and Medical Council 2013).

### Supporting Evidence

See "[Changing a nappy without spreading germs](#)" poster (Staying Healthy in Child Care, 5<sup>th</sup> edition, 2013).

### Implementation

Educators prepare and disinfect the nappy bin and change area each morning and between sessions

#### Preparation

1. Wash hands with soap and water
2. Place paper towel on the change table
3. Put disposable gloves on both hands

#### Changing

Prior to the child being on the change table ensure all supplies are ready and in reach.

Encourage capable children to use the step and guide onto change mat. Lift children who are unable to use the step using correct manual handling techniques.

Nappy changes provide an opportunity for one-on-one interaction with children. Use this time to talk, sing and interact with children in a relaxed and positive manner.

4. Remove the child's nappy and put disposable nappy in a hands-free lidded bin. Place any soiled clothes (including cloth nappies) in a plastic bag.
5. Clean the child
6. Remove the paper and put it in a hands-free lidded bin
7. Remove gloves and put in a hands-free lidded bin
8. Place a clean nappy on the child
9. Dress the child
10. Take the child away from the change table
11. Wash your hands and the child's hands with soap and water

### Cleaning

12. After each nappy change, clean the change table with detergent and water, then rinse and dry
13. Wash your hands with soap and water

### Our Centre:

- Will display relevant information including nappy changing and handwashing procedures from Staying Healthy in Childcare in the nappy change and handwashing area+

### Related Legislation

- [Education and Care Services National Regulation](#)
  - [Regulation 112 – Nappy Change Facilities](#)
- [Education and Early Childhood Services \(Registration and Standards\) Act 2011, Schedule 1 Education and Care Services National Law \(South Australia\)](#)

### Sources

- [National Quality Standards](#)
  - Element 2.1.2
  - Element 5.1.1
- [‘Staying Healthy in Childcare 5<sup>th</sup> Edition’ \(National Research and Medical Council 2013\)](#)